



# ***Access and Intake Services Community Options Booklet***

*This information is also available on the DADS Internet site at:*

[http://www.dads.state.tx.us/providers/community\\_options.pdf](http://www.dads.state.tx.us/providers/community_options.pdf)

**Prepared by Community Services and Program Operations**

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# Access and Intake Services

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## Access and Intake Division Overview

### Assistant Commissioner for Access and Intake (A&I)

The Assistant Commissioner for Access and Intake reports directly to the DADS Commissioner. The functions under the Assistant Commissioner for A&I include the Area Agencies on Aging (AAA), Local Authorities, Community Services and Program Operations (CSPO), Utilization Management and Review/Program Enrollment (UMR) and the Guardianship Program.

**Vision:** Texans who are older and persons with disabilities have easy access to and choose from a comprehensive array of services and supports that meet diverse needs, delivered through a partnership of public and private entities coordinating state and local resources.

**Mission:** To establish and maintain a locally based, unified system of access to a comprehensive and coordinated continuum of community services and supports for Texans who are older and persons with disabilities, allowing them to live independent and productive lives.

### Area Agencies on Aging Section

The Department of Aging and Disability Services (DADS) is designated as the State Unit on Aging, and as such, is the single state agency responsible for administering programs and services under the federal Older Americans Act (OAA). To ensure the mandates of the OAA, the Area Agencies on Aging Section of the Access and Intake Division is responsible for allocating funds and administering programs. Through performance contracts with DADS, a network of 28 Area Agencies on Aging (AAA) provide services in 254 counties. The funding is allocated through DADS utilizing a federally-approved, intra-state fund formula to provide supportive services for persons 60 years of age and older, family members and other informal caregivers.

The primary function of the AAA is to provide direct services and/or referrals to community partners for assistance through assessment and care-planning. Based on need, the local AAA arranges for nutrition, in-home, and supportive services, including those specifically targeted for informal caregivers and families.

The objective of the AAA Section of DADS Access and Intake Division is to administer comprehensive services and provide oversight to ensure the AAAs meet all applicable state and federal requirements. Section functions are divided between two units: Local Procedure Development and Support and Contract Accountability and Oversight.

## **Local Authorities Section**

This section provides oversight for entities designated as Local Authorities. Most of these entities are also designated as the Local Mental Health Authority (MHA). All but one Local Authority is a community center. A community center is governed by a local board of directors appointed by a local taxing authority or authorities such as a city, county, independent school district, hospital district and any combination of these authorities. A community center is recognized in statute as an agency of the state, a governmental unity, and a unit of local government.

Some of these community centers were created in the early 1960s as a response to federal enabling legislation passed during the Kennedy Administration. In Texas today, these centers cover all 254 counties.

The Department holds a performance contract with each Local Authority to provide community-based intellectual and developmental disability (IDD) services and to assist individuals and families with access to certain Medicaid funded services. These services primarily include community Intermediate Care Facilities for Individuals with an Intellectual Disability (ICF/IID), Home and Community-based Services (HCS) Program, Texas Home Living (TxHmL) Program, state supported living centers and other available services and supports.

The Local Authority Section of Access and Intake develops policy and procedure, and contracts with and oversees LAs and the services provided. The Section also oversees the ongoing enrollment of individuals into the ICF/IID Program, HCS and TxHmL waiver programs.

## **Community Services and Program Operations**

The mission of Community Services and Program Operations (CSPO) is to maintain existing support for long-term services and supports programs and field operations, while partnering with other DADS programs and stakeholders to achieve an integrated service delivery system, which streamlines eligibility determination, enrollment and service delivery processes. Community Services field offices, located in 11 regions across the state, serve as one of many entry points through which individuals can access DADS services.

CSPO coordinates with the local AAAs and the Local Authorities, ensuring appropriate referrals are made with consideration given to the needs communicated by individuals at intake. Community Services regional staff determine functional/medical and, for some cases, financial eligibility and authorize services for the following programs: Community Based Alternatives (CBA), Medically Dependent Children Program (MDCP), Primary Home Care (PHC), Community Attendant Services (CAS), Day Activity and Health Services (DAHS), In-Home and Family Support Program (IHFSP), and other community care services, including Family Care (FC), Home Delivered Meals (HDM), Emergency Response Services (ERS), Adult Foster Care (AFC), and Residential Care (RC).

CSPO central office also writes and develops rules, policies and procedures, provides oversight and UR activities for the Medicaid Hospice Program and the Program of All-Inclusive Care for the Elderly.

CSPO also develops curriculum for Community Services program enrollment and training material for A&I contract staff. CSPO staff oversees field operations and serves as liaison with DADS and HHSC support divisions. CSPO staff within central office also provides oversight for regional case reading validation process. DADS Utilization Review (UR) Section conducts utilization review for Community Services programs, and UR findings, along with findings from the case reading validation system are used in the CSPO section's continuous improvement efforts.

CSPO central office also maintains the interest lists for the MDCP, Community Living Assistance and Support (CLASS) and Deaf Blind with Multiple Disabilities (DBMD) programs. Interest lists for the CBA, IHFSP, and the Grant Benefit (Title XX) programs are maintained by Community Services regional field offices.

### **Utilization Management and Review/Program Enrollment**

Utilization Management and Review/Program Enrollment (UMR) is responsible for utilization review activities in DADS 1915(c) waiver programs, as well as in community entitlement programs to ensure services are the most appropriate and cost-effective. This section also performs program enrollment activities, which include ongoing work with individuals and providers in the Home and Community-based Services (HCS) waiver, the Texas Home Living (TxHmL) waiver, the Community Living Assistance and Support Services (CLASS) waiver, and the Deaf-Blind with Multiple Disabilities (DBMD) waiver. Additionally, UMR is responsible for ongoing eligibility reviews for the intermediate care facility (ICF) program.

### **Guardianship Program**

Guardianship is a legal method to protect individuals' well-being when they cannot protect themselves. A guardian is a court-appointed person or entity that makes decisions on behalf of an incapacitated person. Title III of the Estates Code defines the purpose, laws, and responsibilities of a guardian. Depending upon the powers granted by the Court, guardianship responsibilities include but are not limited to:

- managing estates;
- making medical decision; and
- arranging for placement.

The purpose of the Guardianship Services program under Human Resources Code § 161.101 is to provide guardianship services to:

- incapacitated children upon reaching the age of 18 who have been in Child Protective Services (CPS) conservatorship as defined in Human Resources Code § 48.209(a)(1)
- incapacitated adults age 65 or older, or between the ages of 18-65 with a disability, who were referred by Adult Protective Services (APS) following an investigation in which abuse, neglect, or exploitation was confirmed, and no other means of protecting the person is available as defined in Human Resources Code § 48.209(a)(2), and there is some indication the individual lacks incapacity
- Incapacitated individuals referred directly to the program by a court with probate authority under certain criteria established in statute or rule.

## Community Services and Program Operations

### Adult Foster Care (AFC)

#### Service Description

Adult Foster Care (AFC) provides a 24-hour living arrangement with supervision in an adult foster home for persons who, because of physical, mental, or emotional limitations, are unable to continue independent functioning in their own homes.

Providers of AFC must live in the household and share a common living area with the individuals receiving services. With the exception of family members, no more than three adults may live in the foster home unless the home is licensed by the Department of Aging and Disability Services as a Type C Assisted Living Facility or licensed as a Type A Small Group Home.

#### Funding Sources

Social Services Block Grant (Title XX) and State Funds

#### Covered Services

Services may include:

- minimal help with personal care;
- help with activities of daily living;
- meal preparation; and
- provision of or arrangement for transportation.

The individual receiving services pays the provider for room and board.

#### Individual Eligibility

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceed:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:** \$5,000 or less for an individual or \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 18



**Provider Base**

Adult Foster Care Individual providers

**Service Availability**

Statewide in every DADS region; not available in all counties

**Contact for Provider Policy Information**

Center for Policy and Innovation,  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: PDO@dads.state.tx.us  
Fax Number 512-438-5768

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2730

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/contact.cfm>

## **Community Attendant Services (CAS)** **(For Adults and Children)**

### **Service Description**

Community Attendant Services (CAS) is a non-technical, non-skilled service providing in-home attendant services to individuals with an approved medical need for assistance with personal care tasks. CAS is available to eligible **adults and children** whose health problems cause them to be functionally limited in performing activities of daily living according to a practitioner's statement of medical need.

CAS is provided by an attendant.

### **Funding Sources**

Title XIX

### **Covered Services**

- **Escort:** Accompanying the individual on trips to obtain medical diagnosis or treatment or both. Additional time may not be allocated for escort services for other purposes. This service does not include the direct transportation of the individual by the attendant.
- **Home Management:** Assistance with housekeeping activities that support the individual's health and safety, including the following:
  - cleaning
  - laundry
  - shopping
- **Personal Care\*:** Assistance with activities related to the care of the individual's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising (walking only)
  - assistance with self-administered medication
  - toileting
  - transferring
  - ambulating

\* This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

Individuals who use the CDS option must select a Consumer Directed Services Agency that will provide training, pay the service providers and pay federal and state employer taxes.

### **Individual Eligibility**

- **Age:** No limit - both adults and children may apply for CAS
- **Income:**
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
  - Must not be Medicaid eligible
- **Resources:** \$2,000 or less for an individual or \$3,000 or less for a couple
- **Functional Assessment Score/Eligibility:**
  - Minimum score of 24
  - Functional limitation with at least one personal care task based on medical condition
  - Practitioner's statement of medical need

**Unmet Need:** For home management and personal care task(s)

### **Service Maximum**

Individuals can receive:

- 50 hours per week; or
- 42 hours per week if they receive Priority Status.
  - Priority Status is based on each individual's functional assessment which is completed by a DADS case manager.

### **Provider Base**

Home and Community Support Services Agencies

**Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: [PHC@dads.state.tx.us](mailto:PHC@dads.state.tx.us)  
Fax Number 512-438-5768

Consumer Directed Services (CDS) Option:  
[CDS@dads.state.tx.us](mailto:CDS@dads.state.tx.us)

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2731

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues / Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## Community Based Alternatives (CBA)

### Service Description

The Community Based Alternatives (CBA) program provides home and community-based services to persons who are aging and persons with disabilities age 21 or older as cost-effective alternatives to institutional care in nursing facilities.

### Funding Sources

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver, and State Funds

### Covered Services

Case Management is provided by DADS staff.

Services include:

- Adaptive Aids and Medical Supplies
- Adult Foster Care
- Assisted Living
- Dental
- Financial Management Services
- Emergency Response Services
- Home Delivered Meals
- Minor Home Modifications
- Nursing\*
- Occupational Therapy\*
- Personal Assistance Services\*
- Physical Therapy\*
- Respite\*
- Speech, Hearing, and Language Therapy\*
- Prescription drugs, unless the individual is eligible for both Medicare and Medicaid
- Support Consultation\*
- Transition Assistance Services

(See *CBA Service Descriptions* for more information)

***\*This service is available using the Consumer Directed Services (CDS) option.***

*The CDS option allows individuals who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct services, individuals will assume and retain responsibility to:*

- recruit their service providers;
- conduct criminal history checks;

- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

Individuals who use the CDS option must select a Financial Management Services Agency that will provide training, pay the service providers and pay federal and state employer taxes.

### **Individual Eligibility**

- **Age:** 21 years of age or older
- **Income / Resources:** Be Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits in nursing facilities (\$2,163 per month with resources of \$2,000 for an individual. (Spousal impoverishment provisions apply).
- **Individual Service Plan:** Cost of ISP cannot exceed 200% of the reimbursement rate that would have been paid for that same individual to receive services in a nursing facility.
- **Informed Choice:** Choose waiver services instead of nursing facility care based on an informed choice.
- **Medical Necessity:** Meet the medical necessity determination for nursing facility care.

### **Service Maximum**

The individual's service plan cannot exceed 200 percent of the individual's Resource Utilization Group (RUG) payment rate.

### **Provider Base**

Adult Foster Care Providers  
Assisted Living Providers  
Financial Management Services Agencies  
Emergency Response Providers  
Home Delivered Meals Providers  
Home and Community Support Services Agencies  
Participant Employer Direct Service Provider  
Transition Assistance Services Agencies



**Service Availability**

CBA is available in limited areas. Contact your local office to see if CBA is available in your area.

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: CBA@dads.state.tx.us  
Fax Number 512-438-5768

Consumer Directed Services (CDS) Option:  
CDS@dads.state.tx.us

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2731

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2730

Texas Department of State Health Services (DSHS) – ERS

Personal Emergency Response System Providers Program  
Texas Department of State Health Services  
Mail Code 1982  
P. O. Box 149347  
Austin, Texas 78714-9347

E-mail: [PERSAalarm@dshs.state.tx.us](mailto:PERSAalarm@dshs.state.tx.us)  
Telephone: (512)834-6602  
Fax: (512)834-6677

### **Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Fax Number 512-438-5522  
Email: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)

### **Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

### **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

### **CBA Service Descriptions**

- **Adaptive Aids and Medical Supplies** – Devices, controls or medically necessary supplies which enable persons with functional impairments to perform activities of daily living or control the environment in which they live.
- **Adult Foster Care** – A 24-hour living arrangement in an enrolled DADS adult foster care home. Services may include meal preparation, housekeeping, personal care, help with activities of daily living, supervision and the provision of or arrangements for transportation. Individuals are responsible for room and board.
- **Assisted Living**– A 24-hour living arrangement in licensed personal care homes in which personal care, home management, escort, social and recreational activities,

24-hour supervision, supervision of, assistance with or direct administration of medication, and transportation are provided. Individuals are responsible for room and board.

- **Dental** – Services provided by a dentist to preserve teeth and meet the medical need of the individual.

Allowable services include:

- Emergency dental treatment procedures necessary to control bleeding, relieve pain and eliminate acute infection. Preventative procedures required to prevent the imminent loss of teeth;
- Treatment of injuries to the teeth or supporting structures;
- Dentures and cost of fitting and preparation for dentures; including extractions and molds;
- Routine dental procedures necessary to maintain good oral health; and
- Oral and maxillofacial surgery.

Payments for dental are not made for cosmetic dentistry.

- **Emergency Response Services** – An electronic monitoring system for use by individuals who are alone significant parts of the day or have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision. In emergencies, individuals can press a button to signal for help. The electronic monitoring system, which has 24-hour, seven-day-a-week capability, helps insure that the appropriate persons or service agency respond to alarmed calls from individuals.
- **Financial Management Services** – Assistance to individuals to manage funds associated with services elected for self-direction. The service includes initial orientation and ongoing training related to responsibilities of being an employer and adhering to legal requirements for employers. The financial management services provider is referred to as the financial management services agency.
- **Home Delivered Meals** – Provide a nutritionally sound meal to the individual. The meal includes a minimum of one-third of the current recommended dietary allowance for the individual as adopted by the United States Department of Agriculture. The meal is delivered to the individual's home. The provision of home delivered meals does not provide a full nutritional regimen.
- **Minor Home Modifications** – Provides physical adaptations to an individual's home required to address specific needs identified in the individual service plan. Minor home modifications are necessary to ensure the health, welfare, and safety of the individual, or to enable the individual to function with greater independence in his or her home. Without the modification, the individual would require institutionalization.

Modifications may include the installation of ramps or grab-bars, widening of doorways, or other specialized accessibility adaptations, modification of kitchen and bathroom facilities, or installation of specialized electric and plumbing systems that are necessary to accommodate the medical equipment and supplies necessary for the health, welfare, and safety of the individual.

Excluded are those adaptations or improvements to the home that are of general utility and are not of direct medical or remedial benefit to the individual. Examples of items excluded are installation of carpeting, roof repair, installation of central air conditioning, major home renovations, and construction of additional rooms or other modification, which add to the total square footage of the home.

- **Nursing** – Nursing services provide treatment and monitoring of health care procedures required by standards of professional practice or state law to be performed by licensed nursing personnel and that are prescribed by a physician or medical practitioner.
- **Occupational Therapy** – Provided by a licensed occupational therapist, or licensed occupational therapy assistance under the direction of a licensed occupational therapist within the scope of state licensure to maintain the individual’s optimum condition. Occupation therapy services include:
  - screening and assessing;
  - developing therapeutic treatment plans;
  - providing direct therapeutic intervention;
  - recommending adaptive aids;
  - training and assisting with adaptive aids and augmentative communication devices;
  - consulting with other providers and family members; and
  - participating on the service planning team when appropriate.
- **Personal Assistance Services** – Provides assistance to an individual in performing the activities of daily living and household chores necessary to maintain the home in a clean, sanitary, and safe environment. Individuals receiving Personal Assistance Services live in the community in settings other than Adult Foster Care homes or Assisted Living settings. The level of assistance provided is determined by an individual’s need for assistance and his individual service plan. Personal Assistance Services may include the provision of protective supervision, escort, health maintenance activities, and extension of therapy.
- **Physical Therapy** – The evaluation, examination, and utilization of exercises, rehabilitative procedures, massage, manipulations, and physical agents including, mechanical devices, heat, cold, air, light, water, electricity, and sound in the aid of diagnosis or treatment provided by a licensed physical therapist that is provided by a licensed physical therapist, or licensed physical therapy assistant under the direction

of a licensed physical therapist within the scope of state licensure to maintain the individual's optimum condition.

Physical therapy services include:

- screening and assessing;
- developing therapeutic treatment plans;
- providing direct therapeutic intervention;
- recommending adaptive aids;
- training and assisting with adaptive aids;
- consulting with other providers and family members; and
- participating on the service planning team, when appropriate.

- **Prescription Drugs** – Prescribed drugs beyond the three per month limit available under the Texas Medicaid State Plan are provided to an individual enrolled in CBA, unless the individual is eligible for both Medicaid and Medicare (dually eligible). An individual who is dually eligible must obtain prescribed drugs through the Medicare Prescription Drug Plan, or for certain prescribed drugs excluded from Medicare, through the Texas Medicaid State Plan.
- **Respite**– Provides short-term services to individuals who cannot care for themselves because of the absence of or need for relief of caregivers for individuals who live in their own private residences or the home of a family member. Respite is provided on an in-home basis and out-of-home basis and is limited to 30 days per year. Room and board is included in the waiver payment for out-of-home settings.

In-home respite care is provided in the individual's home or place of residence by the home and community support services agency.

Out-of-home respite services provide a 24-hour living arrangement in a DADS enrolled adult foster care home, licensed assisted living facility or a Medicaid-certified nursing facility for an individual who, because of the unavailability of his primary caregiver, has no one to meet his needs on a short-term basis.

- **Speech, Hearing, and Language Therapy** – The evaluation and treatment of impairments, disorders, or deficiencies related to an individual's speech and language by a licensed speech language pathologist, or a licensed speech language pathologist assistant under the direction of the licensed speech language pathologist; within the scope of state licensure.

Speech, hearing, and language therapy services include:

- Screening and assessing;
- Developing therapeutic treatment plans;
- Providing direct therapeutic intervention;
- Recommending augmentative communication devices;
- Training and assisting with augmentative communication devices;
- Consulting with other providers and family members; and

- Participating on the service planning team as appropriate.
- **Support Consultation** – An optional service component that offers practical skills training and assistance to allow individuals or their legally authorized representative (LAR) to direct services they elect for self-direction. Support consultation exceeds services provided by the financial management services provider. This service is provided by a certified support advisor, and includes skills training on recruiting, screening, and hiring service providers, preparing job descriptions, verifying employment eligibility and qualifications, completion of documents required to employ and manage service providers, and development of effective backup plans for services critical to the individuals' health and welfare in the absence of the scheduled service provider or an emergency. Support consultation does not address budget, tax or workforce policy issues. Support consultation may be provided by a person who is qualified and associated with a financial management services agency selected by the individual or by an independent qualified person hired by the individual.
- **Transition Assistance Services (TAS)** – A service provided to Medicaid eligible Texas nursing facility residents to assist in transitions from the nursing facility into the community.

TAS is available to set up a household for an individual with Medicaid being discharged from a nursing facility under Money Follows the Person provisions. A nursing facility resident determined eligible for CBA services may receive a one-time TAS authorization up to \$2,500.00 for the basic services or items needed by the individual. TAS is delivered by a contracted TAS agency that will receive a one-time fee of \$158.28. TAS may include, but are not limited to:

- payment of security deposits required to lease an apartment or home, or to establish utility services for the home;
- purchase of essential furnishings for the apartment or home;
- payment of moving expenses required to move into or occupy the home or apartment; and
- payment for site preparation services, such as pest eradication, allergen control, or a one-time cleaning before occupancy.

## **Consumer Managed Personal Attendant Services (CMPAS)**

### **Service Description**

Under the CMPAS program, DADS contracts with licensed agencies to provide personal assistance services to individuals with physical disabilities who are mentally and emotionally competent and able to supervise their attendant or who have someone who can supervise the attendant for them. Individuals interview, select, train, supervise, and release their personal assistants. Licensed Personal Assistance Services agencies determine eligibility and the amount of care needed, develop a pool of potential personal assistants, and provide emergency back-up personal assistants.

### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

### **Covered Services**

Services include:

- Personal assistance provided as needed by personal attendants selected and supervised by the individual receiving services.
- Health-related tasks prescribed by physician.

### **Individual Eligibility**

- **Age:** 18 years of age or older
- **Income:** Copay after \$1,911.00. There is no resource limit.
- **Individual Service Plan:** Must have a service plan that does not exceed 52 hours per week of program services.
- **Functional Assessment:**
  - Practitioner's statement verifying that the individual has a current medical need for assistance with personal care tasks and other activities of daily living.
- **Personal care task:** Must need at least one personal care task.
- **Personal skill:** Must be mentally and emotionally capable of self-directing the care.

**Service Maximum**

Varies according to contracted unit rate. Reimbursement cannot exceed the nursing facility weighted average cost.

**Provider Base**

Home and Community Support Services Agencies

**Service Availability**

Various counties in eight regions (See attached chart). An interest list exists in all regions.

**Contact for Provider Policy and Individual Eligibility**

Center for Policy and Innovation  
Policy Development and Oversight  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: CMPAS@dads.state.tx.us  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



**CMPAS Service Areas**

<p><b>Region 01:</b> Lubbock Potter Randall</p>	<p><b>Region 03:</b> Collins Dallas Denton Ellis Hood Johnson Kaufman Parker Rockwall Tarrant Wise</p>	<p><b>Region 05:</b> Angelina Hardin Jasper Jefferson Nacogdoches Newton Orange Shelby</p>	<p><b>Region 06:</b> Fort Bend Harris Montgomery</p>	<p><b>Region 07:</b> Travis County</p>
<p><b>Region 08:</b> Atascosa Bexar Comal Guadalupe Kendall Medina Wilson</p>	<p><b>Region 10:</b> El Paso</p>	<p><b>Region 11:</b> Aransas Bee Brooks Cameron Duval Hidalgo Jim Hogg Jim Wells Kenedy Kleberg Live Oak McMullen, Nueces Refugio San Patricio Starr Webb Willacy Zapata</p>		

## Day Activity and Health Services (DAHS)

### Service Description

Day Activity and Health Services (DAHS) facilities provide daytime services Monday through Friday to individuals residing in the community in order to provide an alternative to placement in nursing homes or other institutions. Services are designed to address the physical, mental, medical, and social needs of individuals.

### Funding Sources

Title XIX, State Funds, and Social Services Block Grant (Title XX)

### Covered Services

Services include:

- Noon meal and snacks
- Nursing and personal care
- Physical rehabilitation
- Social, educational, and recreational activities
- Transportation

### Individual Eligibility

- **Age:** 18 years of age or older
- **Income:** For Title XIX: Must be a Medicaid recipient
  - For Title XX: \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:** \$5,000 or less for an individual if not SSI eligible or \$6,000 or less for a couple if not SSI eligible
- **Other Requirements:**
  - A functional disability related to medical diagnosis.
  - Medical diagnosis and physician's orders requiring care or supervision by a licensed nurse.
  - Prior approval granted by a Regional Nurse.
  - The need for assistance with one or more personal care tasks.

**Service Maximum**

10 units per week (5 days)

**Provider Base**

Licensed adult day care facilities

**Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and Innovation–  
Policy Development and Support  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: DAHS@dads.state.tx.us  
Fax Number 512-438-5768

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## Emergency Response Services (ERS)

### Service Description

Emergency Response Services (ERS) are provided through an electronic monitoring system used by functionally impaired adults who live alone or who are socially isolated in the community. In an emergency, the individual can press a call button to signal for help. The electronic monitoring system, which has a 24-hour, seven-day-a-week monitoring capability, helps to ensure that the appropriate person or service agency responds to an alarm call from an individual.

### Funding Sources

Social Services Block Grant (Title XX) and State Funds

### Covered Services

An electronic monitoring system that the individual can use to signal for help in case of an emergency.

### Individual Eligibility

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 20
- **Additional Requirements:**
  - Have a landline telephone
  - Be alone routinely for eight or more hours per day.
  - Have the mental capacity to operate the equipment.
  - Be willing to sign a release statement that allows the responder to make a forced entry into the individual's home if he is asked to respond to an activated alarm call and has no other means of entering the home to respond.

**Provider Base**

Licensed Personal Emergency Response System Providers

**Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy and Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: PDO@dads.state.tx.us  
Fax Number 512-438-5768

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## Family Care (FC) Services

### Service Description

Family Care (FC) is a non-skilled, non-technical attendant care service available to eligible adults who are functionally limited in performing activities of daily living.

Family Care services are provided by an attendant and do not require the supervision of a registered nurse.

### Funding Sources

Social Services Block Grant (Title XX) and State Funds

### Covered Services

- **Escort:** Accompanying the individual on trips to obtain medical diagnosis or treatment or both. This service does not include the direct transportation of the individual by the attendant.
  
- **Home Management:** Assistance with housekeeping activities that support the individual's health and safety, including the following:
  - cleaning
  - laundry
  - shopping
  
- **Personal Care\*:** Assistance with activities related to the care of the individual's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising (walking only)
  - assistance with self-administered medication
  - toileting
  - transferring
  - ambulating

\* This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

Individuals who use the CDS option must select a Consumer Directed Services Agency that will provide training, pay the service providers and pay federal and state employer taxes.

### **Individual Eligibility**

- **Age:** 18 years of age or older
- **Income:**
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 24
- **Unmet Need:** For home management and/or personal care task(s)

### **Service Maximum**

Individuals can receive:

- 50 hours per week; or
- 42 hours per week if they receive Priority Status.
  - Priority Status is based on each individual's functional assessment which is completed by a DADS case manager.

### **Provider Base**

Home and Community Support Services Agencies

### **Service Availability**

Statewide



**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: [PHC@dads.state.tx.us](mailto:PHC@dads.state.tx.us)  
Fax Number 512-438-5768

Consumer Directed Services Option:

Email: [CDS@dads.state.tx.us](mailto:CDS@dads.state.tx.us)

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2731

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## Home Delivered Meals Services (HDM)

### Service Description

The Home Delivered Meals program provides a nutritious meal delivered to the individual's home to ensure he or she gets at least one healthy meal per day.

### Funding Sources

Social Services Block Grant (Title XX), Local Resources, State Funds, and Contractor Match

### Covered Services

Meals delivered to the home

### Individual Eligibility

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 20
- Individual must be functionally limited in preparing meals.

### Provider Base

Local community agencies, private and public agencies, and Area Agencies on Aging

### Service Availability

Statewide in every region. Other resources, such as the Area Agencies on Aging meals program, are considered as contracts are developed.

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: [PDO@dads.state.tx](mailto:PDO@dads.state.tx)

Fax Number 512-438-5768

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## Hospice Services

### **Service Description**

A program of palliative care which allows for care to be provided at the individual's place of residence and consists of medical, social, and support services to a terminally ill patient, when curative treatment is no longer possible.

### **Funding Sources**

Title XIX and State Funds

### **Covered Services**

Services include:

- Bereavement Counseling
- Counseling Services
- Drugs and Biologicals
- General Inpatient Care (short-term)
- Home Health Aide Services
- Homemaker Services
- Household Services
- Medical Appliances and Supplies
- Medical Social Services
- Nursing Care Services
- Occupational Therapy
- Physical therapy
- Physician Services
- Respite Care
- Speech Language Pathology
- Volunteer Services

### **Individual Eligibility**

- All individuals must be eligible for Medicaid.
- Individuals eligible for Hospice must sign a statement voluntarily electing the Hospice Program;
- Individuals eligible for Hospice, 21 years of age and older, must agree to waive Medicaid payment for services related to the terminal illness.
- Individuals eligible for Hospice must have a physician's prognosis of six-months or less to live if the terminal illness runs its normal course.

**Service Maximum**

Physician certification for hospice care is given in unlimited six-month increments of time.

**Provider Base**

State licensed hospice agencies that are Medicare certified as hospice agencies. In order to receive Medicaid payments, the Medicare hospice providers must have a Medicaid contract with DADS. Individuals electing Medicaid hospice care must elect a Medicaid contracted hospice agency.

**Service Availability**

Statewide

**Contact for Claims Information**

Texas Medicaid and Healthcare Partnership (TMHP)  
1-800-626-4117, Option 1

**Contact for Provider Policy Information**

Community Services and Program Operations  
Department of Aging and Disability Services  
Email address: hospice@dads.state.tx.us

**Contact for Licensure**

Home and Community Support Services  
Department of Aging and Disability Services  
Regulatory  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630, Option 1  
Fax Number 512-438-2731

## **Community Services Contracts**

Department of Aging and Disability Services  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
phone: (512) 438-2080;  
voicemail: (512) 438-3550; or  
e-mail: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)

### ▪ **Contact for Service Authorizations**

Provider Claims Services  
Department of Aging and Disability Services  
Phone Number 512-438-2200, Option 1  
<https://hhsportal.hhs.state.tx.us/wps/portal>

## **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **In-Home and Family Support Program (IHFSP)** (For Adults and Children Age 4 or Older)

### **Service Description**

Direct grant benefits to individuals with physical disabilities and/or their families. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home.

### **Funding Source**

State Funds

### **Covered Services**

Services include:

- Attendant care, home health services, home health aide services, homemaker services, chore services that provide assistance with training, routine body functions, dressing, preparing and consuming food, and ambulating.
- Counseling and training programs that help provide proper care of an individual with a disability.
- Medical, surgical, therapeutic, diagnostic, and other health services related to a person's disability, which may include medications not covered by Medicare or Medicaid.
- Other disability related services prior-approved by DADS.
- Pre-approved transportation and room and board cost incurred by a person with a physical disability or his family during evaluation or treatment.
- Purchase or lease of special equipment or architectural modifications of a home to facilitate the care, treatment therapy, or general living conditions of a person with a disability.
- Respite care

### **Individual Eligibility**

- **Age:** 4 years of age or older
- **Income:** Co-payment schedule begins at 105% of the state median income for household size.
- **Disability:** A physical disability that substantially limits one or more major life activities.

### **Service Maximum**

Maximum grant total of \$1,200 per year



### **Service Availability**

Statewide. Interest list in all areas.

### **Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

### **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **Medically Dependent Children Program (MDCP)** (For Children Under Age 21)

### **Service Description**

The Medically Dependent Children Program (MDCP) provides a variety of services to support families caring for children who are medically dependent, and to encourage de-institutionalization of children in nursing facilities.

### **Funding Source**

Title XIX (Medicaid 1915(c) Home and Community-Based Services Waiver), and State Funds

### **Covered Services**

**Adaptive Aids** are:

- devices necessary to treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function; and
- devices that enable you to perform the activities of daily living or control the environment in which you live.

**Flexible Family Support Services\*** - are individualized and disability-related services that include personal care supports for basic activities of daily living (ADL) and instrumental ADL, skilled care and delegated skilled care supports to:

- assist an individual to participate in child care;
- assist an individual to participate in post-secondary education; or
- increase the individual's independence.

**Minor Home Modification** – a physical modification to an individual's home necessary to prevent institutionalization or support de-institutionalization and is necessary to ensure the health, welfare, and safety of the individual or to enable the individual to function with greater independence in his home.

**Financial Management Services\*** – services delivered by the Financial Management Service (FMS) agency to an individual or Legally Authorized Representative (LAR) accessing the CDS option. The FMS agency provides services such as orientation, training, support, assistance with, and approval of budgets, and processing payroll and payables on behalf of the employer. In the CDS option, an individual or LAR employs and retains service providers and directs the delivery of program services. This service is **only** available using the CDS option.

**Respite\*** –provides the primary caregiver(s) temporary relief from care during times when the caregiver would normally provide the care.

**Transition Assistance Services (TAS)** – a one-time service provided to Medicaid eligible Texas nursing facility residents to assist in transitions from the nursing facility into the community.

\* This service is available using the **Consumer Directed Services (CDS)** option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage and fire their service providers.

### **Individual Eligibility**

- **Age:** Under 21 years of age
- **Residence:** Live in Texas
- **Citizenship:** A citizen of the United States or an alien with approved status.
- **Financial Eligibility:** Must be Medicaid eligible as:
  - low income families with children as provided in §1931 of the Social Security Act;
  - recipients of Supplemental Security Income (SSI);
  - Medical Assistance Only (MAO); or
  - all other mandatory and optional TANF-related groups in the Texas Medicaid State Plan.
- **Disability:** A person meets the disability criteria if the person receives disability benefits from:
  - Supplemental Security Income;
  - has a disability determination by HHSC.
- **Medical Necessity:** Meet the medical necessity determination for nursing facility care.
- **Approved Living Arrangements:** If under age18, the individual must reside:
  - with a family member such as a parent, guardian, grandparent, or sibling;
  - or

- with a foster family that includes no more than four children unrelated to the individual.
- **Individual Plan of Care (IPC):** The IPC is developed with the individual and the primary caregiver(s) during the initial eligibility determination and during the annual reassessment process.

### **Service Maximum**

- **Cost Limit:** The cost limit is 50 percent of the reimbursement rate that would have been paid for that same individual to receive services in a nursing facility.
- **RUG:** The Resource Utilization Group (RUG) is calculated based on the Medical Necessity (MN) and Level of Care (LOC) assessment, and is used to determine cost limits for MDCP participants.

### **Provider Base**

- Respite Providers
- Flexible Family Support Service Providers
- Adaptive Aids Providers
- Minor Home Modification Providers
- Transition Assistance Services Providers
- Financial Management Services Providers

### **Service Availability**

Statewide

### **\*\*\*Informed Choice**

The individual may choose waiver services instead of nursing facility care based on informed choice. Individuals receiving MDCP services have freedom of choice of provider and provider type.

**Contact for Provider Policy Information**

Center for Policy and Innovation - Policy Development and Support –  
Waiver & State Plan Services  
Texas Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: MDCP@dads.state.tx.us  
Interest List Toll-free Number: 1-877-438-5658  
Fax: 512-438-5768

**Contact for Provider Enrollment Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**Contact for Interest List Information**

Community Services Interest List Unit  
Texas Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Fax Number 512-438-3549  
Toll-free Number 1-877-438-5658

**How to Apply for Services**

Call 1-877-438-5658

## Primary Home Care (PHC) (For Adults)

### Service Description

Primary Home Care (PHC) is a non-technical, non-skilled service providing in-home attendant services to individuals with an approved medical need for assistance with personal care tasks. PHC is available to eligible adults whose health problems cause them to be functionally limited in performing activities of daily living according to a practitioner's statement of medical need.

PHC services are provided by an attendant.

### Funding Sources

Title XIX and State Funds

### Covered Services

- **Escort:** Accompanying the individual on trips to obtain medical diagnosis or treatment or both. Additional time may not be allocated for escort services for other purposes. This service does not include the direct transportation of the individual by the attendant.
- **Home Management:** Assistance with housekeeping activities that support the individual's health and safety, including the following:
  - cleaning
  - laundry
  - shopping
- **Personal Care\*:** Assistance with activities related to the care of the individual's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising (walking only)
  - assistance with self-administered medication
  - toileting
  - transferring
  - ambulating

\*This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

Individuals who use the CDS option must select a Consumer Directed Services Agency that will provide training, pay the service providers and pay federal and state employer taxes.

### **Individual Eligibility**

- **Age:** Must be 21 or older.
- **Income:** Medicaid eligible.
- **Resources:** \$2,000 or less for an individual or \$3,000 or less for a couple
- **Functional Assessment Score:**
  - Minimum score of 24
  - Functional limitation with at least one personal care task based on medical condition
  - Practitioner's statement of medical need

**Unmet Need:** For home management and personal care task(s)

### **Service Maximum**

Individuals can receive:

- 50 hours per week; or
- 42 hours per week if receive Priority Status.
  - Priority Status is based on each individual's functional assessment which is completed by a DADS case manager.

### **Provider Base**

Home and Community Support Services Agencies

### **Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: [PHC@dads.state.tx.us](mailto:PHC@dads.state.tx.us)  
Fax Number 512-438- 5768

Consumer Directed Services Option  
CDS@dads.state.tx.us

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2731

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us)  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768



**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Program of All-Inclusive Care for the Elderly (PACE)**

### **Service Description**

PACE provides community-based services to older individuals who qualify for nursing facility level of care and placement who desire to live in the community. PACE uses a comprehensive care approach, providing an array of services for a capitated monthly fee that is below the cost of comparable institutional care.

### **Funding Sources**

Title XIX, State Funds, and private pay

### **Covered Services**

All health-related services needed including in-patient and outpatient medical care, including specialty services like dentistry and podiatry, social services, in-home care, meals, transportation, day activity, and housing assistance.

### **Individual Eligibility**

Must meet the following criteria:

- Be 55 years of age or older
- Meet Medicaid financial eligibility
- Qualify for nursing facility level of care
- Choose PACE services and reside in the PACE service area
- Be determined by the PACE Interdisciplinary Team as able to reside safely in the community

### **Provider Base**

One provider in El Paso, one provider in Amarillo and one provider in Lubbock.

### **Service Availability**

Designated areas of El Paso, Amarillo/Canyon, and Lubbock (See attached chart)

### **Contact for Policy Information**

Access & Intake – Community Services and Program Operations  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2013 or 512-438-4345  
Fax Number 512-438-4374

**PACE CATCHMENT AREAS BY ZIP CODE**

<b>Amarillo/Canyon area:</b>	<b>El Paso area:</b>	<b>Lubbock area:</b>
		79401 – 79416
79015	79901	79423
79101	79902	79424
79102	79903	79430
79103	79904	79452
79104	79905	79453
79106	79907	79454
79107	79915	79464
79108	79924	79490
79109	79925	79491
79110	79930	79493
79111	79935	79499
79118	79936	
79119		
79121		
79124		

**How to Apply for Services**

Contact the local PACE organization:

If you live in El Paso, call: Bienvenir All-Inclusive Senior Health at 1-915-562-3444.

If you live in Amarillo, call: The Basics at Jan Werner at 1-806-374-5516.

If you live in Lubbock, call: Silver Star Health Network at 1-806-740-1500.

## Residential Care (RC)

### Service Description

The Residential Care (RC) program provides services to eligible adults who require access to care on a 24-hour basis but do not require daily nursing intervention. Services include, but are not limited to: personal care, home management, escort, 24-hour supervision, social and recreational activities, and transportation.

Services provided under the RC program are delivered through one of two arrangements: residential care and emergency care.

- **Residential Care** is a 24-hour living arrangement in which the individual pays room and board and keeps a monthly allowance for personal and medical expenses. The remainder of his income is contributed to the total cost of his care.
- **Emergency Care** is a living arrangement that provides services to eligible individuals while case managers seek a permanent care arrangement. Emergency care individuals do not contribute toward the cost of their care.

### Funding Source

Title XX

### Individual Eligibility

- **Age:**  
18 years of age or older
- **Income:** Medicaid recipient or not exceed:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:** \$5,000 or less for an individual or \$6,000 or less for a couple
- **Functional Assessment:**
  - Minimum score of 18
  - Have needs that do not exceed the facility's capability under its licensed capacity.

### Provider Base

Facilities licensed as assisted living facilities.

**Service Availability**

Available in every region but not in every county

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email; PDO@dads.state.tx.us  
Fax Number 512-438- 5768

Consumer Directed Services Option  
CDS@dads.state.tx.us

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2730

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Long Term Support Services Policy  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3226  
Fax Number 512-438-5768

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **Special Services to Persons with Disabilities (SSPD)**

### **Services Description**

Special Services to Persons with Disabilities (SSPD) include services provided to community individuals in a variety of settings. These services are designed to assist individuals in developing the skills needed to remain in the community as independently as possible.

### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

### **Covered Services**

Counseling, personal care, and help with the development of skills needed for independent living in the community.

### **Individual Eligibility**

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 9

### **Provider Base**

Adult Day Care Facilities  
Home and Community Support Services Agencies  
Public agencies and non-profit organizations

### **Service Availability**

Available in Regions 03, 04, and 07

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: PDO@dads.state.tx.us  
Fax Number 512-438- 5768

**Contact for Contracting Information**

Texas Department of Aging and Disability Services  
Community Services Contracts Unit  
Mail Code W-357  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3550  
Email: communityservicescontracts@dads.state.tx.us  
Fax Number 512-438-5522

**Contact for Individual Eligibility Issues/Questions**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



## **Special Services to Persons with Disabilities - 24-Hour Shared Attendant Care (SSPD - SAC)**

### **Service Description**

Special Services to Persons with Disabilities (SSPD) 24-Hour Shared Attendant Care (SAC) makes attendant care available to individuals on a 24-hour basis. Individuals live independently in clustered living arrangements and use this service to achieve habilitative or rehabilitative goals.

### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

### **Covered Services**

Around the clock availability of attendant care in a clustered living environment

### **Individual Eligibility**

- **Age:** 18 years of age and older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,163 per month for an individual
  - \$4,326 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 9

### **Provider Base**

Adult Day Care Facilities  
Home and Community Support Services Agencies  
Public agencies and non-profit organizations

### **Service Availability**

Houston

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: PDO@dads.state.tx.us  
Fax Number 512-438- 5768

**Contact for Individual Eligibility Issues/Questions**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Utilization Management and Review/Program Enrollment Community Living Assistance and Support Services (CLASS)**

### **Service Description**

The Community Living Assistance and Support Services (CLASS) program provides home and community-based services to adults and children with a diagnosis of related conditions as a cost-effective alternative to ICF/IID institutional placement. Individuals with related conditions have a qualifying disability, other than a diagnosis of intellectual disability, which originated before age 22 and which affects their ability to function in daily life.

### **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver, and State Funds

### **Covered Services**

Services include:

- Adaptive Aids and Medical Supplies
- Auditory Integration Training/Auditory Enhancement Training
- Case Management
- Continued Family Services
- Dental Treatment to include Dental Sedation
- Dietary Services
- Residential Habilitation
- Minor Home Modifications
- Nursing Services
- Occupational Therapy
- Physical Therapy
- Prevocational Services
- Behavioral Support
- Respite (In-Home and Out-of-Home)
- Specialized Therapies (Massage Therapy, Recreational Therapy, Music Therapy, Hippotherapy, Aquatic Therapy, Therapeutic Horseback Riding)
- Speech and language pathology
- Supported Employment
- Transition Assistance Services
- Support Family Services
- Prescribed drugs
- Cognitive Rehabilitation Therapy
- Employment Assistance

The following services may be accessed using the Consumer Directed Services\* service delivery option:

- Residential Habilitation
- Nursing Services
- Occupational Therapy
- Physical Therapy
- Respite (In-Home and Out-of-Home)
- Speech and language pathology
- Support Consultation Services
- Financial Management Services
- Supported Employment

The Consumer Directed Services \*(CDS) option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Eligibility**

- **Age:** No limit (but age of onset of disability must be prior to age 22).
- **Income and Resources:** The applicant must be Medicaid eligible in the community as follows:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits under the special income limits (\$2,163, per month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.); or
  - A disabled child who would be eligible for Medicaid if institutionalized and if parental income is not deemed to the child. *Financial eligibility is determined by HHSC.*

### **Additional Criteria:**

The individual must:

- Have a diagnosis of a related condition listed on the approved Diagnostic Codes for Persons with Related Conditions and an adaptive behavior level of 2, 3, or 4 (Meet ICF/IID Level of Care VIII criteria.)
- Have been diagnosed with a related condition that manifested before the individual was 22 years of age
- Have a service plan that does not cost more than \$114,736.07 annually;

- Require Habilitation Services and Case Management Services (as determined by Service Planning team)
- Not be enrolled in another Medicaid waiver program §1915(c)
- Live in the applicant's or individual's own home or family home;
- Does not reside in an institutional setting, including a hospital, a nursing facility, an ICF/IID, a licensed assisted living facility, or a facility required to be licensed as an assisted living facility but is not licensed.

### **Provider Base**

Public and private agencies; each applicant/individual/LAR selects a Case Management Agency (CMA) for case management services and a Direct Services Agency (DSA) for other direct services available through the waiver. A Financial Management Services Agency (FMSA) must be chosen by the participant to provide support and assistance to individuals electing to direct their own employees for any service available using the Consumer Directed Services\* service delivery option. A provider for Support Family Services or Continued Family Services must be chosen by those individuals or their LARs who qualify for Support / Continued Family Services.

An applicant may qualify for Transition Assistance Services if the person previously resided in an institutional setting to assist the person in transitioning from the institutional setting into the CLASS Program.

### **Service Availability**

Statewide

### **Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: CLASS@dads.state.tx.us  
Fax Number 512-438-5768

**How to Apply for Services**

Community Services Interest List Unit  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Fax Number 512-438-3549  
Toll-free Number 1-877-438-5658

## **Deaf Blind with Multiple Disabilities (DBMD)**

### **Service Description**

This Medicaid waiver program provides home and community-based services to people who are Deaf Blind with Multiple Disabilities (DBMD) as a cost-effective alternative to ICF/IID institutional placement. The DBMD program focuses on increasing opportunities for individuals to communicate and interact with their environment.

### **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community Based Services Waiver and State Funds

### **Covered Services**

Services include:

- Adaptive Aids and Medical Supplies
- Assisted Living (licensed up to 6 beds)
- Behavioral Support Services
- Case Management
- Chore Services
- Minor Home Modifications
- Residential Habilitation
- Day Habilitation
- Intervener
- Nursing Services
- Occupational Therapy
- Orientation and Mobility
- Physical Therapy
- Prescription Drugs, if not covered through Medicare
- Respite Care
- Speech, Hearing and Language Therapy
- Audiology
- Employment Assistance
- Supported Employment
- Dental Treatment
- Transition Assistance Services
- Dietary Services

The Consumer Directed Services (CDS) option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

The CDS option is available in the DBMD program for the following services: Supported Employment, Employment Assistance, Respite (in- and out-of-home), Intervener, Residential Habilitation, Support Consultation and Financial Management Services.

### **Individual Eligibility**

- **Income and Resources:** The applicant must be Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
    - Meet the income and resource requirements for Medicaid benefits under the special income limits. (\$2,163 per month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.) *Financial eligibility is determined by HHSC.*
- **Deafblindness:** Has one or more diagnosed related condition and as a result has deafblindness, has a progressive medical condition that will result in deafblindness, or functions as a person with deafblindness and has one or more additional disabilities resulting in impairment to independent functioning.
- The individual's related condition manifested before the age of 22.
- **Individual Plan of Care:** The applicant's individual plan of care cannot exceed \$114,736.07.
- **Informed Choice:** Choose waiver services instead of institutional care based on an informed choice.
- **Level-of-Care:** Meet the institutional LOC criteria for ICF/IID LOC VIII.

### **Service Maximum**

There is an individual cost limit of \$114,736.07.



**Provider Base**

Public and private agencies

**Service Areas**

Statewide availability.

**Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: DBMD@dads.state.tx.us  
Fax Number 512-438-5768

Consumer Directed Services Option  
CDS@dads.state.tx.us

**How to Apply for Services**

Call 1-877-438-5658 and ask for the DBMD Waiver.

## **Pre-admission Screening and Resident Review (PASRR)**

### **Service Description**

The Omnibus Budget Reconciliation Act of 1987 (OBRA '87) requires that all people seeking entry into a nursing facility be screened to identify individuals who have mental illness (MI), an intellectual disability (ID) or a developmental disability (DD). Individuals suspected of having mental illness (MI), an intellectual disability (ID) or a developmental disability (DD) must have an additional assessment to identify the need for specialized services. The PASRR assessment also determines medical necessity for nursing facility services. In addition, individuals already residing within facilities whose condition changes must be assessed again through a resident review process. All individuals who are not satisfied with their PASRR determination have the right to a fair hearing to appeal the determination.

### **Funding Sources**

Title XIX and State Funds

### **Covered Services**

- Service coordination by the local authority (LA) or local mental health authority;
- Determination of intellectual disability (DID), previously referred to as determination of mental retardation (DMR);
- Alternate placement services;
- Vocational training;
- Maintenance therapies: Physical, Occupational, and Speech therapy
- Customized adaptive aids.

### **Individual Eligibility**

All individuals who reside in a partially federally funded nursing facility with a PASRR qualifying condition and a PASRR assessment on file in the TMHP LTC Portal

### **Provider Base**

- Therapy services - Individual Medicaid rehabilitation providers
- DME Suppliers - Customized adaptive aids
- Other specialized services: local authorities or mental health providers

## **Service Availability**

Statewide

## **Contact for Provider Policy Information or Individual Eligibility Issues/Questions**

Access and Intake – PASRR Unit  
Department of Aging and Disability Services  
Mail Code W 356  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 855-435-7180  
Fax Number 512-438-2180

## **Required Licensure**

- Nursing Facility License
- Professional licensure as applicable
- Staff conducting assessments must meet the criteria to be a Qualified ID Professional or Qualified Mental Health Professional as appropriate

## **Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2730

## **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **Area Agencies on Aging**

### **Access & Assistance Services**

#### **Service Description**

Access and assistance services provided by AAAs (directly, through contracts or vendor agreements, and community referrals) help individuals who are older, family members and other caregivers receive the information needed to locate and access community services, public and private, and formal and informal.

#### **Funding Sources**

Older Americans Act Titles III-B, Title III-E, VII-OAG and VII-EAP; State General Revenue; Centers for Medicare & Medicaid Services-Medicare Beneficiary Grant Funds.

#### **Supportive Services**

- **Information, Referral and Assistance** – Assessing the needs of the consumer, evaluating appropriate resources, evaluating appropriate response modes, indicating agency capability to meet consumer needs, providing adequate information about outside agencies, assisting consumers in making informed decisions, identifying alternative and community resources, conducting follow-up to ensure adequate services are provided in a timely manner.
- **Benefits Counseling/Legal Assistance** – Assisting individuals 60 years of age or older or individuals who are under age 60 and are Medicare enrollees and eligible disabled (as determined by the Social Security Administration), in obtaining information regarding public benefits, private benefits and a variety of community support programs. Benefits Counseling services include assisting individuals who are older with understanding their rights, applying for benefits and receiving appropriate referrals, exercising choice, benefiting from services and opportunities authorized by law, and maintaining their rights, especially those individuals with reduced capacities. Consumer-protection issues are a major theme in benefits counselors' work, along with basic questions about rights, benefits, and entitlements.
- **Legal Awareness** - Disseminating accurate, timely and relevant information, eligibility criteria, requirements and procedures to individuals who are older on public entitlements, health/long-term care, individual rights, planning/protection options, housing and individual issues in a group setting, to eligible individuals or through mass media.

**Care Coordination** – Assessing the needs of individuals over age 60 and effectively planning, arranging, coordinating and following-up, on services most appropriate in meeting the needs identified by the consumer and the AAA staff.

**Ombudsman Program** – Administered by the Office of the State Long-term Care Ombudsman. Staff works closely with the 28 local programs to advocate for the rights of residents and their families so they receive the highest quality of care in long-term care facilities. Specially trained staff and certified volunteers serve as advocates in licensed nursing and assisted living facilities across the state.

### **Participant Eligibility**

Services are provided to individuals 60 years of age and older and are targeted to individuals in greatest economic or social need, with particular attention to low-income minorities and residing in rural areas, with limited English proficiency, diagnosed with Alzheimer's disease and related disorders with neurological and organic brain dysfunction and older individuals at risk for institutional placement.

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide, however, as service priorities and resources vary across the state, individuals should contact their local AAA for information regarding availability of services in their area.

### **Contact for Information**

Area Agencies on Aging Section  
Department of Aging and Disability Services  
Mail Code W-275  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4412  
Fax Number (512) 438-3538

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency on Aging, access the following website:

<http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your local AAA, or dial 1-800-252-9240 and enter your zip code to be automatically connected to the AAA in your area.

## Area Agencies on Aging Caregiver Support Services

### Service Description

The Older Americans Act, National Family Caregiver Support Program (NFCSP) provides critical support needed by families to assist them in maintaining their caregiver roles. Under this program, informal caregivers are defined as:

- individuals caring for family members, or others, age 60 or older
- grandparents, or other relative, age 55 or older caring for a relative child(ren) age 18 or younger; and
- individuals caring for persons of any age, with Alzheimer's disease and related disorders with neurological and organic brain dysfunction.

While AAAs historically provided services to caregivers, implementation of NFCSP has allowed AAAs to expand services available to caregivers.

### Funding Sources

Older Americans Act Titles III-E, State General Revenue

### Supportive Services

- **Information and Assistance** – Information and referrals to family caregivers. Activities include partnership-building, developing information and resources related to caregiving issues.
- **Caregiver Support Coordination**-Assessing the needs of a caregiver and care recipient, effectively planning, arranging, coordinating and following-up on services which most appropriately meet the identified needs as mutually defined by the caregiver, the care recipient and the access and assistance staff.
- **Caregiver Education and Training** - Establishing resource libraries, compiling or developing informational resources, organizing and/or facilitating support groups, seminars and focus groups, facilitating individual or group counseling and providing educational services to groups or individuals.
- **Supplemental Services** – Supplemental services, on a limited basis, complement the care provided by caregivers. Services provided under this category include respite, transportation, emergency response, home delivered meals, telephone reassurance, and chore maintenance.

- **Caregiver Information Services** - The dissemination of accurate, timely and relevant information for informal caregivers, grandparents or relatives caring for children 18 years of age and under; and the public through publications, large group presentations, seminars, health fairs and mass media. Developing a resource library and other informational resources for use in the dissemination of caregiver information is a component of this service. If Title III-B funds are expended for this service the caregiver must be 60 or older.

### **Participant Eligibility**

- In accordance with the Older Americans Act, a family caregiver caring for an individual 60 years of age and older, or an individual of any age with Alzheimer's disease or related disorders, or a grandparent/ relative caregiver 55 years of age and older providing primary care for a relative child 18 years of age or younger. Many of the supplemental support and respite services require an assessment to determine individual ability to perform ADL (activities of daily living) and IADL (instrumental activities of daily living).

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide, however, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Information**

Area Agencies on Aging Section  
Department of Aging and Disability Services  
Mail Code W-275  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4412  
Fax Number (512) 438-3538



## Area Agencies on Aging In-Home Support Services

### Service Description

Area Agencies on Aging (AAA), provide in-home services (through contract, vendor agreement, and community referral) to individuals who are older to allow the individual to remain safely in their home. These services support a comprehensive, coordinated community-based system that results in a continuum of support. OAA funds are used to support and promote resources in the community to assure the provision of a full-range of coordinated and accessible services.

### Funding Sources

Older Americans Act Titles III-B, III-D, III-E, VII-EAP, State General Revenue, Housing Bond Fee Program Funds.

### Supportive Services

- **Homemaker** - A service provided by trained and supervised staff involving the performance of housekeeping/home management, meal preparation, and/or escort tasks and shopping assistance. Services are provided to individuals who require assistance with these activities in their place of residence. The objective is to assist the consumer to sustain independent living in a safe and healthful home environment.
- **Personal Assistance** - Assisting an older individual who has difficulty performing activities of daily living as identified through an assessment process, with tasks that an individual would typically perform if they were able. This includes hands-on assistance in all activities of daily living.
- **Chore Maintenance** - Performing household chores such as heavy cleaning (e.g., scrubbing floors, washing walls, and washing outside windows), moving heavy furniture, yard and walkway maintenance, which an individual who is older is unable to perform on their own and which do not require the services of a trained homemaker.
- **Adult Day Services** - An array of services provided in a congregate, non-residential setting to dependent individuals who are older needing supervision but do not require institutionalization. These services may include any combination of social or recreational activities, health maintenance, transportation, meals, and other supportive services.

- **Residential Repair** – Repairs or modifications of participant-occupied dwellings that improve the condition enhance energy efficiency, structural integrity or are essential for the health and safety of the occupants.
- **Health Maintenance** – This service is the provision of medications, nutritional supplements, glasses, dentures, hearing aids and/or durable medical equipment to prevent or reduce the effects of chronic disabling conditions in older individuals. Services may also include health education and counseling services, home health services including nursing, physical, speech, or occupation therapy.
- **Health Screening/Monitoring** - Activities intended to assess the level of health and wellness in older individuals. Services may be provided at senior centers, nutrition sites and other community settings or in the individual's home. These services may include, testing for high/low blood pressure, hearing and vision impairments, nutritional status, home safety, etc.
- **Emergency Response** - Services provided to the homebound, frail individual who is older using an automatic monitoring system to link them to emergency medical services when their life or safety are in jeopardy. ERS services include the installation of the individual monitoring unit, training associated with the use of the system, periodic checking to ensure that the unit is functioning properly, equipment maintenance calls, response to an emergency call by a medical professional, paraprofessional or volunteer and follow-up with the participant.
- **Instruction and Training** - Providing the experience and/or knowledge to individuals or professionals working with individuals who are older to acquire skills, in a formal, informal, individual or group setting.
- **Transportation** - Designed to transport individuals who are older from specific origin to specific destination upon request. Participants request the transportation service in advance of their need, usually 24 to 48 hours prior to the trip.
- **Senior Center Operations** - The operation of community facilities where individuals 60 years of age or older meet together to pursue mutual interests, receive services and/or take part in activities that will enhance their quality of life, support their independence and encourage their continued involvement in and with the community.

### **Participant Eligibility**

Services are provided to individuals 60 years of age and older and are targeted to individuals in greatest economic and social need, with particular attention to low-income minority older individuals, and individuals residing in rural areas, individuals with limited

English proficiency, and individuals at risk for institutional placement. Many of the services under this category require an assessment to determine individual impairment in their ability to perform activities of daily living and instrumental activities of daily living.

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide, however, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Information**

Area Agencies on Aging Section  
Department of Aging and Disability Services  
Mail Code W-275  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4412  
Fax Number (512) 438-3538

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency on Aging, access the following website: <http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your local AAA, or dial 1-800-252-9240 and enter your zip code to be automatically connected to the AAA in your area.

## Area Agencies on Aging Nutrition Services

### Service Description

Area Agencies on Aging (AAA), and the service providers with which they establish contracts or vendor agreements, support a statewide system of nutrition services. These services include congregate meals, home delivered meals, nutrition education, nutrition counseling and nutrition consultation.

### Funding Sources

Older Americans Act Titles III-C1, III-C2 and Nutrition Services Incentive Program; State General Revenue

### Services

- **Congregate Meal** - A hot or other appropriate meal served to an eligible individual, which complies with the most recent Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and provides a minimum of 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and which is served in a congregate setting. The objective is to reduce food insecurity and promote socialization of individuals who are older.

There are two types of congregate meals:

- **Standard meal** - the regular meal from the standard menu that is served to the majority or all of the participants.
- **Modified/therapeutic meal or medical nutritional supplement** - a special meal or medical nutritional supplement that has been prescribed by a physician and is planned specifically for the participant by a dietitian (e.g. diabetic diet, renal diet, pureed diet, tube feeding).
- **Home Delivered Meal** - A hot, cold, frozen, dried, canned or supplemental food (with a satisfactory storage life) which complies with the most recent Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and provides a minimum of 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and is delivered to an eligible individual in his/her place of residence. The objective is to help the recipient sustain independent living in a safe and healthful environment.

There are two types of home delivered meals:

- **Standard meal** - the regular meal from the standard menu that is served to the majority or all of the participants.
- **Modified/therapeutic meal or medical nutritional supplement** - a special meal or nutritional supplement that has been prescribed by a physician and is planned specifically for the participant by a dietitian (e.g., diabetic diet, renal diet, pureed diet, tube feeding).
- **Nutrition Education** - The provision of information to participants to promote nutritional well-being.
- **Nutrition Counseling** - Provision of individualized advice and guidance to individuals who are at nutritional risk because of their health or nutritional history, dietary intake, medication(s) use or chronic illness, about options and methods for improving their nutritional status, and performed by a health professional in accordance with state law and policy.
- **Nutrition Consultation** - Provision of information relating to nutrition by a licensed dietitian or other qualified person. Services are to be provided to area agencies on aging or nutrition providers.

### **Participant Eligibility**

Services are provided to persons 60 years of age and older and to their spouse regardless of age and are targeted to individuals who are older with greatest economic and social need, with particular attention to low-income minority older individuals, individuals who are older residing in rural areas, individuals who are older with limited English proficiency, individuals who are older with Alzheimer's disease and related disorders with neurological and organic brain dysfunction, and individuals who are older at risk for institutional placement.

If the nutrition service provided is a home delivered meal, the individuals who are older must be homebound and have impairment(s) in their ability to perform activities of daily living.

In accordance with the OAA, a disabled individual regardless of age residing with an eligible individual who is older may accompany the individual who is older to a congregate meal site and receive a congregate meal. A disabled individual residing in a housing facility occupied primarily with individuals who are older at which congregate nutrition services are provided may also receive a congregate meal.

### **Provider Base**

Area Agency on Aging Subcontractors and Vendors

### **Service Availability**

Statewide, however, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Information**

Area Agencies on Aging Section  
Department of Aging and Disability Services  
Mail Code W-275  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4412  
Fax Number (512) 438-3538

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency on Aging, access the following website: <http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your local AAA, or dial 1-800-252-9240 and enter your zip code to be automatically connected to the AAA in your area.

## **Local Authorities General Revenue Service**

### **Service Description**

The Local Authority (LA) serves as the point of entry for publicly funded IDD programs whether publicly or privately operated. In addition, LAs provide or contract to provide an array of services for persons in the IDD priority population with general revenue funds.

### **Funding Sources**

State of Texas' general revenue account

### **Covered Services**

Services include:

- Eligibility determination
- Service coordination
- Community support
- Employment assistance
- Supported Employment
- Nursing
- Behavioral support
- Specialized therapies
- Vocational training
- Day habilitation

### **Individual Eligibility**

Individuals must be:

- assessed through the LA and considered to be a member of the DADS IDD priority population; and
- a member of DADS IDD priority population, which consists of individuals who meet one or more of the following descriptions:
  - Persons with a diagnosis of intellectual disability, as defined by Texas Health and Safety Code Section 591.003;
  - Persons with a pervasive developmental disorder (including autism) or autism spectrum disorder, as defined in the Diagnostic and Statistical Manual of Mental Disorders;
  - Persons with a related condition who are eligible for and enrolling in the ICF/IID, HCS, or TxHmL Program;
  - Nursing facility residents who are eligible for specialized services for a diagnosis of intellectual disability or a related condition pursuant to Section 1919(e)(7) of the Social Security Act; or

- Children who are eligible for Early Childhood Intervention services from the Department of Assistive and Rehabilitative Services (DARS).

**Provider Base**

LA providers and LA contracted providers

**Services Availability**

Statewide availability. Service array varies at local authorities.

**Contact for Provider or Policy Information**

Local Authorities  
Department of Aging and Disability Services  
Mail Code W-354  
P.O. Box 149030  
Austin, TX 78714-9030  
Phone Number: 512-438-4886  
Fax Number: 512-438-5220



## IDD Community Services (General Revenue)

**Eligibility Determination:** An assessment or endorsement conducted in accordance with Texas Health and Safety Code, §593.005 and 40 TAC Chapter 5, Subchapter D to determine if an individual has a diagnosis of an intellectual disability or is a member of the DADS IDD priority population.

**Service Coordination:** Assistance in accessing medical, social, educational, and other appropriate service and supports that will help an individual achieve a quality of life and community participation acceptable to the individual. Services are described in a Plan of Services and Supports that is based on a person-directed planning process. Service coordination includes reviewing, revising, implementing, and monitoring the written plan of services and supports.

**Community Support:** Services and supports, through individualized activities consistent with and individual's plan of services and supports, in the individual's home and at locations such as libraries, stores or other community locations. Habilitation or support activities that provide, foster improvement of, or facilitate an individual's ability to perform functional living skills and other activities of daily living.

**Employment Assistance:** The individual is supported in locating paid employment in the community by assistance to identify his or her employment preferences, job skills, requirements for work setting and work conditions, and prospective employers offering employment compatible with the individual's identified preferences, skills and requirements.

**Supported Employment:** Employment in an integrated setting with on-going individualized support services consistent with achieving outcomes identified in the individual's plan of services and supports. This service includes individualized services and supports including supervision and training essential to sustain paid work by the individual.

**Day Habilitation :** Assistance with acquiring, retaining , or improving self-help, socialization, adaptive skills necessary to live successfully in the community and participate in home and community life. It includes individualized activities consistent with achieving the outcomes identified in the individual's plan of services and supports and activities designed to reinforce therapeutic outcomes. This service is normally furnished in a group setting, not at the individual's residence, for up to six hours a day, five days per week on a regularly scheduled basis. The service includes personal assistance for individuals who cannot manage their personal care needs during the day habilitation activity, assistance with medications, and the performance of tasks delegated by a RN in accordance with state law.

**Vocational Training:** Day training services, which are consistent with achieving the outcomes identified in the individual's plan of services and supports, that are provided to an individual in an industrial enclave, a work crew, a sheltered workshop, or an affirmative industry to enable the individual to obtain employment.

**Nursing:** Treatment and monitoring of health care procedures prescribed by a physician/medical practitioner and/or required by standards of professional practice or state law to be performed by licensed nursing personnel.

**Behavioral Support:** Specialized interventions that assist an individual to increase adaptive behaviors to replace or modify maladaptive behavior that prevent or interfere with the individual's inclusion in home and family life or community life. This service includes assessment and analysis of assessment findings so that an appropriate behavior support plan may be designed; development of an individualized behavior support plan consistent with the outcomes identified in the individual's plan of services and supports; training of, and consultation with, family members or other support providers and, as appropriate, with the individual; monitoring and evaluation of the success of the behavioral support plan and modification of the behavior support plan.

**Specialized Therapies:** Assessment and treatment by licensed or certified professionals including social work, occupational therapists, physical therapists, speech, and language pathologists, audiologists, and dieticians and included training and behavioral health services other than those provided by the local mental health authority. The service includes consultation with an individual's family members or other support providers.

## Home and Community-based Services (HCS)

### Service Description

The HCS Program provides individualized services and supports to individuals with a diagnoses of an intellectual disability or a related condition who live in their family home, their own homes, or other community settings such as three or four-person homes and foster homes.

### Funding Sources

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver and State Funds

### Covered Services

Services include:

- Adaptive aids
- Minor home modifications
- Professional therapies (includes audiology, speech/language pathology, occupational therapy, physical therapy, dietary services, and social work)
- Behavioral Support
- Dental treatment
- Nursing
- Supported home living
- Residential assistance
  - Host home/companion care
  - Supervised living
  - Residential support
- Respite
- Day habilitation
- Supported employment

The Local Authority (LA) provides service coordination to all individuals enrolled in HCS.

## **Individual Eligibility**

- **Age:** No limit
- **Income and Resources:** An applicant is financially eligible if he or she:
  - is eligible for supplemental security income (SSI);
  - is eligible for Medical Assistance Only (MAO) protected status; or
  - has a monthly income that is within 300% of the SSI monthly income limit and meets the resource requirements for Medicaid benefits in an ICF/IID. (\$2,163/month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.);
  - is a disabled child who would be eligible for Medicaid if institutionalized and if parental income is not deemed to the child;
  - is under 20 years of age, financially the responsibility of TDFPS in whole or in part and is being cared for in a foster home or group home licensed or certified and supervised by TDFPS in which a foster parent is the primary caregiver residing in the home; or
  - is a member of a family who receives full Medicaid benefits as a result of qualifying for Temporary Aid to Needy Families.

## **Additional Criteria**

Individuals must also:

- qualify for an ICF/IID Level of Care (LOC) I;
- have a determination of ID made in accordance with state law or have been diagnosed by a physician as having a related condition with an IQ of 75 or below;
- have an Individual Plan of Care (IPC) that does not exceed 200% of the reimbursement rate that would have been paid for that same individual to receive services in an ICF/IID, or 200% of the estimated annualized per capita cost for ICF/IID services as of August 31, 2010, whichever is greater;
- have made a choice of the HCS Program over the ICF/IID Program; and
- not be enrolled in another 1915(c) waiver program.

## **Provider Base**

Public and private entities. Individuals electing to direct their own service providers may choose a Financial Management Services Agency (FMSA) to assist with payroll and taxes for respite or supported home living.

## **Service Availability**

Statewide

**Contact for Provider Policy and Individual Eligibility**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
P. O. Box 149030  
Mail Code W-579  
Austin, TX 78714-9030  
Email: HCS@dads.state.tx.us  
Fax Number 512-438- 5768

**Local Contact**

To register on the HCS interest list, contact the Local Authority (LA). To find the proper LA access the following website:  
<http://www.dads.state.tx.us/services/contact.cfm>

## Texas Home Living Program (TxHmL)

### Service Description

The TxHmL Program provides selected essential services and supports to people with a diagnosis of an intellectual disability or a related condition who live in their own home or their family's homes.

### Funding Sources

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver and State Funds

### Covered Services

The cost of **covered services** may not exceed \$17,000 per year.

Services include:

- Adaptive aids
- Minor home modifications
- Specialized therapies (includes audiology, speech/language pathology, occupational therapy, physical therapy, and dietary services)
- Behavioral support
- Dental treatment
- Nursing
- Community Support
- Respite
- Day habilitation
- Employment assistance
- Supported employment

The Local Authority (LA) provides service coordination to all individuals enrolled in TxHmL.

### Individual Eligibility

- **Age:** No limit
- **Income and Resources:** The applicant must be Medicaid eligible prior to enrollment in the program. An applicant is financially eligible if he or she is:
  - eligible for supplemental security income (SSI);
  - eligible for Medical Assistance Only (MAO) protected status;
  - under 20 years of age, financially the responsibility of TDFPS in whole or in part and is being cared for in a foster home or group home licensed or certified and supervised by TDFPS in which a foster parent is the primary caregiver residing in the home;
  - currently receiving Medicaid for Youth Transitioning Out of Foster Care; or

- a member of a family that receives full Medicaid benefits as a result of qualifying for Temporary Aid to Needy Families.

### **Additional Criteria**

In addition, applicants must:

- qualify for an ICF/IID Level of Care I;
- have a determination of an intellectual disability made in accordance with state law or have been diagnosed by a physician as having a related condition with an IQ of 75 or below;
- have an Individual Plan of Care for waiver services which does not exceed \$17,000;
- not be assigned a Pervasive Plus level of need (LON 9);
- live in his or her own or family home;
- have made a choice of the TxHmL Program over the ICF/IID Program; and
- not be enrolled in another 1915(c) waiver program.

### **Provider Base**

Public and private entities. Individuals electing to direct their own service providers may choose a Consumer Directed Services Agency (CDSA) to assist with payroll responsibilities for any TxHmL service.

### **Service Availability**

Statewide

### **Contact for Provider Policy Information**

Center for Policy and Innovation  
Policy Development and Oversight  
Waiver and State Plan Services  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Email: TXHML@dads.state.tx.us  
Fax Number: 512-438- 5768

### **Local Contact**

To seek enrollment, contact the Local Authority (LA) regarding individual referrals and interest list registration. To find the proper LA, access the following website:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **Intermediate Care Facilities for Individuals with an Intellectual Disability or Related Conditions (ICF/IID) Program**

### **Service Description**

The Intermediate Care Facility for Individuals with an Intellectual Disability or a Related Condition (ICF/IID) Program provides residential and habilitation services to people with a diagnosis of intellectual disability or a related condition.

### **Funding Sources**

Title XIX Medicaid and State Funds

### **Covered Services**

Services include:

- Residential Services
- Habilitation services
- Medical services
- Skills training
- Adjunctive Therapy services

### **Individual Eligibility**

A person must:

- meet income and resource limit requirements of SSI or the Medical Assistance Only (MAO) program;
- have determination through Social Security Administration that a disability exists;
- have a Determination of Intellectual Disability (DID) made in accordance with state law or have been diagnosed by a physician as having a related condition;
- meet the criteria for a LOC I or LOC VIII; and
- be in need of and able to benefit from the active treatment provided in the 24 hour supervised residential setting of an ICF/IID.

### **Provider Base**

Public and private providers (State Supported Living Centers are ICFs/IID and are described on a separate profile).

### **Service Availability**

Statewide



## **Monitoring**

The ICF/IID program requires at least an annual health and Life Safety Code re-certification survey and licensure inspection conducted by the Department of Aging and Disability Services, Regulatory Services Division.

## **Contact**

Center for Policy and Innovation  
Policy Development and Oversight  
Department of Aging and Disability Services  
P. O. Box 149030  
Mail Code W-579  
Austin, TX 78714-9030  
Email: ICFIID.Questions@dads.state.tx.us

## **Local Contact**

To seek enrollment, contact the Local Authority (LA) regarding individual referrals. To find the proper LA, access the following website:  
<http://www.dads.state.tx.us/services/contact.cfm>

## State Supported Living Centers

### Service Description

There are 13 state supported living centers that provide 24-hour/day residential, treatment and training services for persons with a diagnosis of an intellectual disability. Each facility is certified as an Intermediate Care Facility for Individuals with an Intellectual Disability (ICF/IID), a Medicaid-funded federal/state service program.

### Funding Source

Federal and State Funds

### Services

Services include:

- 24-hour Residential Care and Support
- Comprehensive Behavioral Treatment Services
- Comprehensive Health Care Services
  - Physician Services
  - Nursing Services
  - Dental Services
- Occupational, Physical, Speech Therapies
- Skills Training
- Vocational Programs
  - Campus-based and Community-based Sheltered Workshops
  - Community-based Supported Employment
  - Independent Employment Services
- Services to maintain connections between residents and families/natural support systems

### Individuals Served

Residential services in a state supported living center are intended to serve individuals with severe or profound intellectual disability and those individuals with an intellectual disability who are medically fragile or have behavioral problems.

### How to Apply for Services

Contact your Local Authority (LA). The web site to locate the LA for a city, county, or zip code is: <http://www.dads.state.tx.us/services/contact.cfm>

## Guardianship

### Service Description

Guardianship is a legal method to protect individuals' well-being when they cannot protect themselves. A guardian is a court-appointed person or entity that makes decisions on behalf of an incapacitated person. Title III of the Estates Code defines the purpose, laws, and responsibilities of a guardian. Depending upon the powers granted by the Court, guardianship responsibilities include but are not limited to:

- managing estates;
- making medical decision; and
- arranging for placement.

The purpose of the program under Human Resources Code § 161.101 is to provide guardianship services to individuals found by a court to be incapacitated. In order for DADS to provide guardianship services, least restrictive alternatives must not be available, an appropriate and qualified alternate guardian must not be available and willing to serve, a ward must have resources available to fund services, including long-term care [Human Resources Code §§ 161.101, 161.107(e); 40 Texas Administrative Code § 10.201(e)], and there must be an expectation guardianship will meet the individuals' needs.

The agency may seek guardianship of:

- Incapacitated children reaching adulthood in Child Protective Services (CPS) conservatorship as defined in the Human Resources Code Chapter 48.209(a)(1); or
- Incapacitated adults in Adult Protective Services (APS) investigations when abuse, neglect, or exploitation is confirmed and there is no other means of protecting the person as defined in the Human Resources Code Chapter 48.209(a)(2); or
- Incapacitated individuals referred directly to the program by a court with probate authority under certain criteria established in statute or rule.

### Funding Sources

Title XX Block Grant

## **Covered Services**

Guardianship services include managing the wards':

- Living arrangements;
- Estates;
- Medical treatment, including extraordinary medical procedures; and
- Funeral arrangements and disposal of property.

## **Referral Requirements**

### **Aging Out Children (CPS):**

Human Resources Code § 161.101(a) and § 48.209(a)(1) allow the application for guardianship of the person and/or estate of a child aging out of Child Protective Services (CPS) conservatorship:

- Who meets the definition of incapacity in Title III of the Estates Code, unless a less restrictive alternative is available, and
- For whom no alternate guardian can be found.

### **Persons age 65 and older and Adults with Disabilities (APS):**

Human Resources Code §§ 161.101(b), 161.101(c), and § 48.209(a)(2) allow the agency to apply for guardianship of an aged person or an adult with a disability who:

- Is found by Adult Protective Services to be in a state of abuse, neglect, or exploitation,
- Meets the definition of incapacity in Probate Code Chapter 601, and
- For whom no alternate guardian can be found.

Wards, including aging out children, must have resources to fund services, including long-term care. Human Resources Code 161.107(e); 40 Texas Administrative Code § 10.201(e).

## **Provision of Services**

Statewide

## **Contact for Policy Information**

Guardianship  
Department of Aging and Disability Services  
Mail Code W-555  
P.O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3739  
Fax Number 512-438-5344

## Promoting Independence

In January 2000, Texas embarked on a Promoting Independence Initiative in response to the U.S. Supreme Court ruling in *Olmstead v. L.C.* The Court ruled in June 1999 that states must provide community-based services for persons with disabilities who would otherwise be entitled to institutional services, when:

- the state's treatment professionals determine that such placement is appropriate;
- the affected persons do not oppose such treatment; and
- the placement can be reasonably accommodated, taking into account the resources available to the state and the needs of others who are receiving state supported disability services.

Texas' Promoting Independence initiative supports allowing an individual with a disability to live in the most appropriate care setting available. The statewide initiative began in 1999 when then Gov. George W. Bush affirmed the value of community-based alternatives for persons with disabilities in Executive Order GWB-13.

Governor Rick Perry signed Executive Order RP 13 on April 18, 2002, also relating to community-based alternatives for people with disabilities. In response to Governor Bush's Order and the Supreme Court's decision in *Olmstead v. L.C.*, the Texas Health and Human Services Commission developed the Texas Promoting Independence Plan.

### **Individuals Residing in Nursing Facilities**

If an individual is a Medicaid recipient in a Texas nursing facility, he or she can request services in his or her own community under the "Money Follows the Person" Program without being placed on a waiver interest list.

To access Money Follows the Person, the individual must be a resident of a Medicaid nursing facility, be Medicaid eligible for community services and approved for Waiver services. **These procedures must be followed in order for an individual to qualify for services under Money Follows the Person provisions.** If not, the name of an individual can be placed on an interest list to receive community services.

Statewide Relocation Assistance is available to nursing facility residents. DADS contracted with five Independent Living Centers (ILCs) and one Area Agency on Aging (AAA) to cover each of the Health and Human Services delivery areas. The Relocation Services contractors are:

- Austin Resource Center for Independent Living (ARCIL) (Regions 4, 5 and 7)
- The Center on Independent Living, Inc. (COIL) (Region 8)
- Coastal Bend Center for Independent Living (Region 11)
- Lifetime Independence for Everyone, Inc. (LIFERUN) (Regions 1, 2, 9, and 10)
- Houston Center for Independent Living (HCIL) (Region 6)
- North Central Texas Council on Governments AAA (NCTCOG) (Region 3)

Assistance is available to nursing facility residents from the local Aging and Disability Resource Centers (ADRCs) or Area Agencies on Aging (AAAs).

ADRCs are friendly, welcoming places. They provide information about and help with state and federal benefits. They can also help you learn about local programs and services. Anyone – individuals, family members, friends or professionals – can receive information tailored to their needs.

ADRC services can be provided at the Center itself, over the phone or in your home. Where you get help is based on your needs.

The trained ADRC employees will:

- listen to you to figure out your needs.
- provide you with information about services.
- help you choose the services that most closely meet your needs and interests.
- help you connect with services such as home care, meals, transportation, benefits and prescription drug assistance, legal services, attendant services, respite or caregiver support, housing and more.
- provide information about benefits and funding sources that may help you pay for services.
- arrange for services that could help you hold off or prevent the need for long-term support services.
- provide short-term help or follow up to ensure that you are linked to needed services.

AAAs provide information about community options such as housing, health care, transportation, daily living and social activities that can help individuals and their families make decisions from the planning phase to actual relocation in the community.

### **Individuals Residing in State Supported Living Centers and ICFs/IID**

As resources allow, Medicaid Home and Community-based waiver program services (HCS) are offered to individuals identified for an alternative living arrangement and:

- who reside in a state supported living center or in a large (14 beds or more) community ICF/IID; and
- whose names are on the state's HCS interest list.

The state's goals in response to the Texas Promoting Independence Plan include:

- providing opportunities for individuals residing in state supported living centers to move to a community alternative within 180 days of any individual's request and recommendation for movement to an alternative living arrangement; and
- providing opportunities for persons living in community ICFs/IID that serve 14 or more individuals to move to a community alternative within 12 months of the date they are determined to be ready for an alternative living arrangement.

### **Money Follows the Person Demonstration (Demonstration)**

The Demonstration is a multi-year federal demonstration award to Texas to assist in its efforts to provide additional community-based options, and promote an individual's choice in where they want to receive their long-term services and supports. The Demonstration is worth more than \$175 million in enhanced federal funding through calendar year 2016.

### **Money Follows the Person Demonstration Behavioral Health Pilot (Pilot)**

The Pilot is part of a DADS Demonstration grant from CMS and is administered by the Department of State Health Services. Nursing facility residents in certain areas of San Antonio and Austin can receive substance abuse and cognitive adaptation services through the Pilot.

### **Transition Assistance Services (TAS)**

TAS is a waiver service to provide funds to purchase certain items necessary to set up a household. TAS are only available to nursing facility residents who are discharged from the facility into a waiver program and into certain types of living arrangements. One-time funding of up to \$2500 can be used for items such as rental security deposits, establish utility services for the home, purchase of essential furnishings for the apartment or home, including table, chairs, window blinds, eating utensils, and food preparation items, payment of moving expenses required to move into or occupy the home or apartment and payment for services to ensure the health and safety of the client in the apartment or home, such as pest eradication, allergen control, or a one-time cleaning before occupancy.

### **Transition to Life in the Community (TLC) Grants**

Transition to Life in the Community grants provide a one-time assistance of up to \$2,500 to help nursing facility residents move to community settings. These funds can be used for moving expenses, to purchase needed household items and to cover other expenses related to re-establishing a home in the community. These grants are available for any Medicaid eligible nursing facility resident who wishes to move to the community. TAS funds must be used before TLC funds.

### **Housing Voucher Program**

The Project Access Voucher (PAV) provides rental assistance for individuals relocating from an institutional setting. Individuals with a PAV pay 30 percent of their income towards housing and utilities and the PAV reimburses the landlord for the balance of the rent. Texas Department of Housing and Community Affairs (TDHCA) and the Department of Aging and Disability Services are working in partnership to distribute 120 housing vouchers awarded to TDHCA.

DADS Relocation Contractors help nursing facility residents apply for the PAV program and forward the application to TDHCA. The eligibility determination is processed by TDHCA. Some local housing authorities are assuming the cost under their program and returning the voucher making it possible for TDHCA to reissue the same voucher to more than one individual.

### **Community Transition Teams**

Community Transition Teams (CTTs) are public-private regional community resource coordinating groups who work with individual and systematic barriers to community relocation. There is one Team in each of the DADS regions, which is comprised of representatives from DADS, individuals, local area agencies on aging, Adult Protective Services, managed care organizations, advocacy groups, housing organizations, long-term services and support providers, nursing facility directors of nursing, nursing facility social workers, Ombudsman, Local Authorities, Mental Health Authorities, and other community-based organizations. The Team meets monthly to address specific barriers that prevent a nursing facility resident from relocating into the community, to ensure continued success and promote effective transitions from nursing facilities back to the community.



## Community Services Interest List Unit Numbers for Community Programs

Interest lists for community-based programs are managed either locally or statewide, depending on the program. The programs and their contact numbers are:

Programs	Contact Numbers
Community Based Alternatives (CBA)	Call your local DADS Office
Community Living Assistance and Support Services (CLASS)	1-877-438-5658
Deaf/Blind with Multiple Disabilities (DBMD)	1-877-438-5658
Home and Community-based Services (HCS)	call your Local Authority
Medically Dependent Children’s Program (MDCP)	1-877-438-5658

Allocations are based on available funding. Individuals who have been on the interest lists the longest are enrolled first. Depending upon the program enrollment is conducted by the following:

- DADS regional staff
- Local Authorities
- CLASS providers
- DBMD providers

## How to Contact a Local DADS Office

- Use this link on the web to find contact information for local DADS offices:

<http://www.dads.state.tx.us/services/contact.cfm>

- Enter the **City, County, or ZIP code** of the person interested in services and click **SEARCH**.
- Choose the appropriate DADS local intake office.

## How to Contact a Local Authority

- Use this link on the web to find contact information:

<http://www.dads.state.tx.us/services/contact.cfm>

- Enter the **City, County, or ZIP code** of the person interested in services and click **SEARCH**.
- Scroll down to see the results for the area entered.
- Call the number listed. Tell the person who answers that you wish to schedule an intake for services.

## DADS Acronyms

Helpful numbers can be located on the DADS web site at:

<http://www.dads.state.tx.us/services/contact.cfm>

<b>Abbreviations</b>	
AAA	Area Agencies on Aging
APS	Adult Protective Services
CAS	Community Attendant Services
CBA	Community Based Alternatives
CLASS	Community Living Assistance and Support Services
CMS	Claims Management System
CSPO	Community Services Program and Operations
CMPAS	Client Managed Personal Attendant Services
DADS	Department of Aging and Disability Services
DAHS	Day Activity and Health Services
DARS	Department of Assistive and Rehabilitative Services
DBMD	Deaf Blind with Multiple Disabilities
DFPS	Department of Family and Protective Services
DSHS	Department of State Health Services
ERS	Emergency Response Services
FC	Family Care
HCS	Home and Community-based Services
HCSSA	Home and Community Support Services Agency
HDM	Home Delivered Meals Services
HHSC	Health and Human Services Commission
HICAP	Health Information Counseling and Advocacy Program
IDD	Intellectual and Developmental Disability
ICF/IID	Intermediate Care Facility for Individuals with an Intellectual Disability
IHFSP	In- Home and Family Support Program
LTC	Long Term Care
LTC-R	Long Term Care Regulatory
MDCP	Medically Dependent Children Program
PACE	Program of All-Inclusive Care for the Elderly
PASRR	Pre-admission Screening and Resident Review
PCS	Provider Claims Services
PHC	Primary Home Care
TDI	Texas Department of Insurance
RC	Residential Care
RUG	Resource Utilization Group
SSPD	Special Services to Persons with Disabilities
SSPD-SAC	Special Services to Persons with Disabilities – 24-Hour Shared Attendant Care
TxHmL	Texas Home Living





